

Fruit of the Spirit

Part 2

Fruit of the Spirit is JOY.

Acts 16:11-40 – Paul and Silas in Prison

To understand that I am filled with joy when I spend time with God.

Worship

Enjoy learning the actions or singing and dancing along to this song from Cheeky Pandas “Coming Alive!” (Fruit of the Spirit)
<https://www.youtube.com/watch?v=cxahmVFH8PU>

Or play the worship song “So will I” by Hillsong
<https://www.youtube.com/watch?v=rMcOpekXREU>

Whilst you are worshipping, create a large poster together declaring JESUS IS Write and draw everything about who Jesus is and what he has done. You could put this poster up somewhere in your house which people pass by regularly. Each time they pass encourage them to add something about Jesus which pops into their mind

Intro Activity - Filled with Joy experiment

You will need:

Balloons, Sharpie, Baking Soda, Vinegar, Plastic Water Bottle, Tablespoon, Funnel, Safety Glasses

Instructions:

Write your child's name on the balloon with a Sharpie (The balloon represents your child). Fill empty water bottle about a 1/3 of the way with vinegar (This represents the Holy Spirit at work in their heart). Insert the funnel into the opening of the balloon, scoop a spoonful of baking soda into funnel to fill the inside of the balloon (This represents spending time getting to know God. Talk about ways we can do this—Reading His Word, Prayer, Worship, etc.). Attach the balloon to the plastic water bottle filled with vinegar. Slowly lift up the balloon and watch what happens next (The Holy Spirit fills us with joy when we spend time getting to know God. Joy comes from being with God which means you can be joyful even in unhappy moments).

Remind each other that we are looking at the fruits of the Spirit - Galatians 5:22-23 says “But the fruit that the Spirit produces in a person's life is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.”

The fruit of the Spirit develop as we grow in our relationship with Jesus. Last week we discovered that as God's love grows in us, it grows out of us. This week we discover that as we worship and spend time with God we are filled with joy.

Bible Story

Read the story of Paul and Silas in Prison using a children's Bible or from Acts 16:11-40.

Or use this YouTube version from Crossroads Kids Club:

<https://www.youtube.com/watch?v=Y24Ak7DJZFg&t=2s>

Discuss: A definition of joy is choosing to worship God even when we are not happy. The difference between joy and happiness is- happiness is based on what is going on in life at the moment, which can be tough because life can change from good to bad very quickly. But we know from this Bible story that we can have joy even when things are going wrong in our lives. The reason this is so important is that our lives can change quickly and often.

And if our joy were based on our circumstances it would be difficult to keep hold of joy. But our joy is not based on what is going on in our life, or on what is going on around us. It is based on Jesus. God promises that when we put out faith in Jesus he will always love us and never give up on us and He is more powerful than anything in this world. So when we face tough situations (like now) shift your focus from worrying to knowing you can have joy from God – what ever is going on around you.

Activation

Holy Spirit produces joy in our lives – spend a few minutes quietly with some worship music on soaking in His love and being filled with His joy. Pray for each other and give away that joy.

Laugh at lies – Ask Jesus to show you any lies you have believed which are making you worry. Help each other laugh at those lies and throw them in the bin or shred them. Ask Holy Spirit to give you the truth. Write these down and receive joy.

I am filled with joy when I spend time with God – Think of ways as a family you can spend time with God each day this week. You could do something different each day, Create a chart together to help one another remember what you have planned.

Facebook Challenge

Show us the chart you have made about spending time with Jesus or your Jesus is ... poster and post it onto facebook.