

Fruit of the Spirit - Week 2

Here is a menu of activities,
for you to choose from over the coming week.

Theme Overview: Fruit of the Spirit is LOVE!

This Daily Discovery follows on from the Sunday Session 3rd May

We want to understand that we are to love God and love others.

Worship and Encounters with God:

Ideas of songs to enjoy:

“This is amazing grace” - Bethel Kids Come Alive Album

<https://www.youtube.com/watch?v=ZxVadCcRfol>

“One thing Remains” - Bethel Kids Come Alive Album

<https://www.youtube.com/watch?v=cKf6UZQEiA0>

“Miracle of Love”- Saddleback Kids

https://www.youtube.com/watch?v=_s5U-MqMqOM&t=99s

“This Love” - Saddleback Kids

<https://www.youtube.com/watch?v=JDVa9XqX1BM>

“Fruit of the Spirit Song - Saddleback Kids

<https://www.youtube.com/watch?v=LSoJ1iopySQ&t=56s>

Ask God for a picture of what it looks like
to be filled with His Love - draw that picture.



Pray for each other to be filled with Holy Spirit
and pray/worship in tongues together.

Worship and Encounters cont.

Have a go at writing a worship song to God yourself, all about His love. Share it with your family.



Lie down quietly with God, with lots of cushions around you. Ask God to fill you with his love, ask him questions like how much do you love me, why do you love me, talk with him about how much you love him and why you love him.

Bible Stories to read & talk about together

1 John 3:16 -20 - These are the verses we looked at on Sunday, relook at them and discuss them together.



1 John 4:19 Read and discuss this verse together.



1 Corinthians 13:4-7 - Declare these verses over your family, write them up and make posters of them.



Read the story of Jesus' death

If you have The Jesus Storybook Bible read "The Sun Stops Shining"

Or watch this retelling on YouTube:

<https://www.youtube.com/watch?v=iUv-zMnWSR0>

Talk about how Jesus dying for us shows us how much He loves us.



Read the story of the Last Supper

from a Children's Bible or use this retelling on YouTube:

<https://www.youtube.com/watch?v=t3InNwdYh8w>

Act out the story together, share bread and wine and talk about how this reminds us of how Jesus showed his love for us.

Activities

Make posters of verses from the Bible about love or love messages from God to people and make a display of these in your window to see as they walk past.



If you have a local wood or park that you are regularly walking in, create a trail of messages from God to others.

Cut out heart shapes of paper, write messages from God of his love for people - these could be laminated - and then create a trail around the wood or park for people to find.



Raised Salt Cross Painting - Draw a cross shape on paper and write 1 John 4:19 in the middle. Squeeze a thin line of glue along the edge of the cross so that it is outlined with glue. Sprinkle table salt all over the glue. Pour off the excess salt. Dip your paint brush into a watercolour paint of your choice, gently touch the salt with your brush, and watch the colour spread. Leave your paper to dry before picking it up, it may take longer than normal.



Make Fruit lollies, here is a recipe for Strawberry lollies - 3 Cups of Strawberries, 1 Cup Milk, 1/4 Cup Honey, 1 TBSP Lemon Juice, lolly moulds, Blender or Food Processor.

Instructions: put all of your ingredients into a blender or food processor and blend until smooth.

Carefully pour the mixture into lolly moulds.

Place in freezer for about 4 hours.



Create a Family Love in Action Chart showing each day of the week and think of something you could do each day to show love to someone outside of your family or your community. See ideas sheet included.

Coming next: Fruit of the Spirit - JOY!
Starting on Sunday 10th May

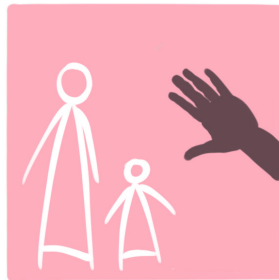
Love in Action Ideas

Smile at everyone you see today.



Make cards for people who live in a local care home or nursing home.

Do a chore for a sibling or parent.



Call a grandparent or relative just to say hi.

Take dinner to a friend or neighbour.



Create cards, buy chocolates and deliver them to your local fire or police station or GP surgery.

Send a “just because” card to let someone know you were thinking about them.



Give a compliment to as many people as you can today.